



The Recovery College Newsletter

DATE - 25th March 2022

In this month's edition:

New Staff Members

Dudley & Walsall Launch

LGBTQ+ Awareness &
Gender Identity Session

New Courses for April

Breathing Space & Art
Recover Together

Health Walk & Gardening
Dudley

Health Walk & Gardening
Walsall

Surviving & Thriving at
Work – Assertiveness

An update from Kerry Wilkes, Principal Lead

Hi All and welcome to our Spring Term Newsletter.

I hope you have all enjoyed last term, it certainly has been a busy one, with 42 courses being delivered. I would like to say a big thank you to all of our volunteers, friends of and partners who have assisted in our co-production and delivery and a huge congratulations to all of our students who have attended.

Exciting news as spring blossoms the Recovery College will be expanding and from April 1st be launching our new model to include Walsall and Dudley.

Please watch out for our launch events and social media posts.

In the New Year we welcomed new team members and will be recruiting more staff and volunteers over the next few months. Please contact us if you want information on the roles available.

My tip for this term and a favourite of mine is, as the days lighten take advantage of Spring and take 5 in nature and notice the beauty around. Always a fantastic mood booster.

Take care all

Kerry

Don't forget to join our Student [Facebook Group](#)

 therecoverycollege.co.uk

 info@therecoverycollege.co.uk

 [@RecoveryColleg3](https://twitter.com/RecoveryColleg3)

 [@TheRecoveryCollegeBCHFT](https://www.facebook.com/TheRecoveryCollegeBCHFT)



Are you new around here?

This term we welcomed a number of new staff members to our team at The Recovery College, you may have already met some of them during your courses but if you haven't, be sure to say hello when you do.

(They're a friendly bunch)

Our new member of staff are:

Charles Slammon – Digital Officer

Charlotte Jones - Marketing Assistant

Arbaz Khan – Lead Administrator

Hannah Dukes - Administration Officer

Kiran Zulffkar - Facilitator

Jon Banyard - Facilitator

Marc Williams - Facilitator

LGBTQ+ Training

February was LGBTQ+ History month, to celebrate this our LGBTQ+ Community Development Worker Stevie Chand delivered a great LGBTQ+ sexuality and Gender Identity Awareness training sessions.

Better awareness of the challenges faced by the LGBTQ community when access healthcare services

The training session was very informative, providing our team a great insight into gender identity & it's links to mental health services within the UK.

Dudley & Walsall Launch



We are excited to announce that the Recovery College for the Black Country has now launched within Dudley & Walsall.

To celebrate this, we held a virtual launch event on Friday 1st April, attendees were able to:

- Find out more about the college
- Hear from students about their journeys
- See Example of students work
- Experience the courses we offer

Attendees were also able to ask our panel of staff, students/volunteers questions about the college.